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STRENGTH AMBASSADOR SYMPOSIUM

Shaping the Future of Recovery:

Addressing Inflammation, Oxidative Stress and Muscle Loss to Improve Patient Outcomes

15 NOVEMBER 2026 | SUNDAY

9:00AM – 2:00PM | VIA **ZOOM PLATFORM**

Scan the QR code or **Click Here** to Register

4 CPD POINTS

CHAIRPERSON



Dato' Dr Luqman Mazlan
Consultant General & Colorectal Surgeon
Medical Director and PIC of Hospital Picaso

SPEAKERS



Prof. Dr. Paul E. Wischemeyer
MD, EDIC, FASPEN, FCCM
Professor of Anesthesiology
Associate Vice Chair for Clinical Research
Department of Anesthesiology
Critical Care Medicine Division
Duke University, Durham, NC



Associate Prof. Dr. Terence Ong Ing Wei
Associate Professor and Consultant
Physician in Geriatric Medicine
Faculty of Medicine, Universiti Malaya



Mushidah Zakiah Mohd Akran
Assistant Dietetics Manager
Prince Court Medical Centre

AGENDA

TIME	SESSION	SPEAKER
9.00AM - 9.30AM	Registration & Networking	
9:30AM - 9:40AM	Welcome Remarks	**Dimaano Jr, Jose Rodolfo V** Abbott Area Medical Director Pacific Asia
9:40AM - 9:55AM	**The Hidden Muscle Health Crisis in Malaysia: Why It Should Be a Healthcare Priority**	**Dato' Dr Luqman Mazlan** Consultant General & Colorectal Surgeon Medical Director and PIC of Hospital Picaso
9:55AM - 10:35AM	**Recover Stronger: Addressing Inflammation, Oxidative Stress and Anabolic Resistance to Preserve Muscle and Enhance Recovery in Hospitalized Patients**	**Prof. Dr. Paul E. Wischemeyer** MD, EDIC, FASPEN, FCCM Professor of Anesthesiology Associate Vice Chair for Clinical Research Department of Anesthesiology Critical Care Medicine Division Duke University, Durham, NC
10:35AM - 10:50AM	**From Evidence to Implementation: Overcoming Barriers to Nutrition-Led Recovery Through Surgical Team-Led Interventions**	**Dato' Dr Luqman Mazlan &** **Prof. Dr. Paul E. Wischemeyer**
10:50AM - 11:10AM	Tea Break	
11:10AM - 11:40AM	**Healthy Aging Starts with Muscle: Addressing Inflammaging, Oxidative Stress and Nutrition to Preserve Function and Independence**	**Associate Prof. Dr. Terence Ong Ing Wei** Associate Professor and Consultant Physician in Geriatric Medicine Faculty of Medicine, Universiti Malaya
11:40AM - 11:55AM	**Interactive Case-Based Learning: Why Protein Alone Is Not Enough for Recovery**	**Pn Mushidah Zakiah Mohd Akran** Head of Dietatics Department, Prince Court Medical Centre
11:55AM - 12:10PM	**Beyond Protein: The Evolving Science of Recovery Nutrition**	**Dato' Dr Luqman Mazlan,** **Associate Prof. Dr. Terence Ong Ing Wei,** **Pn Mushidah Zakiah Mohd Akran**
12:10PM - 12:20PM	**Closing Reflections: What Can Malaysian Healthcare Professionals Do Differently Tomorrow?**	**Prof. Dr. Paul E. Wischemeyer &** **Dato' Dr Luqman Mazlan**

PRODUCT LAUNCH

12:30PM - 12:40PM	General Manager Address	**Abhishek Chuckarbutty** General Manager, Malaysia and Singapore
12:40PM - 01:00PM	**Translating Science into Practice: Introducing the New Ensure® Gold™ StrengthPro™ Plus**	**Liu Zhong Yuan** Lead Scientist, Abbott Nutrition International (ANI)
01:00PM - 01:20PM	**Ensure® Gold™ StrengthPro™ Plus Launch Ceremony**	
01:20PM	End	

*For healthcare professionals only

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